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[www.yolomedspa.com](http://www.yolomedspa.com)

# CALL FOR YOUR COMPLIMENTARY "LOOK 5 YEARS YOUNGER CONSULTATION."

## Superior Technology \* Superior Service \* Real Results \*

Look younger without looking "done" Whether you want to even out your skin tone, minimize or eliminate age spots, reduce fine lines and wrinkles, or tighten and improve your skin's overall texture and appearance, we can help!

NEVER BEFORE HAS IT BEEN EASIER TO TURN BACK THE HANDS OF TIME NON SURGICALLY.

We invite you to set up a free consultation to discuss the best treatments for you and your skin.

Yolo Laser Center and Med Spa is an award winning premier anti-aging provider of advanced facial and body rejuvenation.

We are committed to providing you with the most effective, current, and safest technologies available to keep you looking and feeling your best.

### Conditions We Treat

Loose Skin  
Aging Skin  
Age Spots  
Acne & Acne Scars  
Rosacea  
Broken Capillaries

Tired Eyes  
Jowels  
"Muffin Tops"  
"Crepey" Necks  
Double Chins  
Crows Feet

### Services

Botox  
Lunchtime Peels  
Venus Freeze  
Vein Erasure  
Laser Peels  
Skin Tightening  
Laser Skin Rejuvenation  
CoolSculpting  
Scar Therapy  
Hand Rejuvenation  
MiXto Fractionated Therapy  
Medical Weight Loss  
Platelet Rich Plasma

Microdermabrasion  
Photofacials  
Acne Therapy  
Cosmetic Fillers  
Dermaplaning  
Laser Hair Removal  
Venus Viva  
Microneedling  
Liquid Face-Lift  
Eye Rejuvenation  
B-12 Injections  
Non-Surgical Body  
Contouring

## Live Beautifully

## Our Cosmetic treatments include:

- ..... Diamondtome<sup>®</sup> & Derasweep<sup>®</sup> Microdermabrasion
- ..... Rosacea Solutions
- ..... Scar Revision & Reduction
- ..... Botox<sup>®</sup>, Dysport<sup>®</sup>, Xeomin<sup>®</sup>
- ..... Laser Hair Removal
- ..... Mixto<sup>®</sup> Fractional Skin Resurfacing
- ..... Acne Therapy
- ..... Lunchtime Chemical Peels
- ..... Laser Vein Erasure
- ..... Cosmetic Fillers
- ..... Reversal of Sun Damage (Photofacials)
- ..... Coolsculpting<sup>®</sup>
- ..... Venus Viva<sup>™</sup>
- ..... Venus Freeze<sup>™</sup>
- ..... Platelet Rich Plasma

## We also carry a full line of results driven clinical skincare:

- ..... Is Clinical<sup>™</sup>
- ..... Yolo Chemistry<sup>™</sup>
- ..... Hydropeptide
- ..... Skinmedica<sup>®</sup>
- ..... Avene
- ..... Glytone
- ..... Latisse<sup>®</sup>
- ..... Obagi

{ *Over the Top  
Skincare,  
Not Available  
Over the  
Counter!*

Nikki Rasmussen, is an Advanced Practice Registered Nurse and owner-operator of Yolo Laser Center & Med Spa. Nikki has 24+ years experience in the medical field with the last 9 focused exclusively in the field of Medical Aesthetics. Nikki has advanced training, having experience in both Plastic Surgery and Dermatology. She has studied under leading experts in the industry and she herself is a trainer for laser devices. Nikki's approach to "turning back the clock" is to provide a comprehensive treatment plan that addresses a client's concerns while maintaining a balanced refreshed aesthetic.



## { Why YOLO

YOLO Laser Center and Med Spa is Connecticut's premier anti-aging provider of advanced facial and body rejuvenation. YOLO is locally owned and operated by Medical Professionals. We are committed to providing you with the most effective, current, and safest technologies available to keep you looking and feeling your best. We work with you to create a customized program that addresses your specific needs.

## { The YOLO Difference

We offer the most comprehensive, optimal aging treatments available. Unlike other clinical settings we offer the latest technologies in a plush atmosphere. YOLO is your one stop shop for everything beautiful. Schedule your "Look 5 Years Younger Consultation". Our clinicians will assess your skin's health and customize an optimal aging plan just for you.

## { What to Expect

We strive to have all treatments begin and end on time. To assist us with this goal, please arrive 15 minutes before your appointment to complete necessary paperwork, if not completed prior.

Your appointment time is reserved especially for you.

We thank you for your consideration as changes affect many people. There is a non-refundable \$75 charge for missed consultations not cancelled prior to 24 business hours notice.

A "no show" may result in loss of a prepaid package. Your visit with us is YOUR time to relax and renew. We respectfully request cell phones and mobile devices be turned off. As a courtesy to our guests, we ask that children not be brought to the facility. The minimum age for services is fourteen. Taxes and gratuities are additional. All prices subject to change. All coupons and discounts must be presented at checkout.





# Weight Loss and Body Shaping

## Ideal Body

*Medically monitored weight loss & body shaping*

EFFECTIVE, SAFE, PREDICTABLE



*Offering:*

WEIGHT LOSS

PRESCRIPTION WEIGHT LOSS

MEAL REPLACEMENT PROGRAM  
OR USING BALANCED NUTRITION

ONLINE SUPPORT AND COACHING

*~ and ~*

NON INVASIVE BODY SCULPTING  
AND TIGHTENING TO ADDRESS  
STUBBORN PROBLEM AREAS  
OR LOOSE SKIN

## Coolsculpting

CoolSculpting® is the coolest, most innovative, non-surgical way to lose those annoying bumps and bulges of stubborn fat. This revolutionary technology targets and cools unwanted fat cells in the selected area to induce a noticeable, natural-looking reduction in fat bulges. Unlike most other methods of fat reduction, CoolSculpting involves no needles, surgery, or downtime.

## Holistic Weight Loss

Individualized weight loss plan to address your specific goals and obstacles. Supplements available when appropriate. Online or remote coaching available.

## Lipo-plex/B12 shot

Lipo-plex/B12 shot (the fat burning injection)  
It's what you've been dreaming of... an energy blast and a metabolic kick start all in one quick injection. Yolo's little weight loss wonder shot does it all – helps detoxify, de-stress, and assist in melting fat, while boosting metabolism, immunity and energy (beyond a regular B12 shot). An all-natural lipotropic injection, Lipo-Plex reduces body fat, helps to cleanse the liver, and combats stress and fatigue.

\$40 each shot \$160 package of 5 shots.

## Medical Weight Loss

Weight-loss medications, can be considered if weight-loss levels out at a still unacceptable range after an individual has attempted to lose weight through diet and or exercise or if medical problems are not adequately controlled. One of Yolo's medical professionals will evaluate you individually to determine if prescription weight loss is appropriate. Medical Weight Management may be offered to individuals affected by obesity who have failed to achieve weight-loss through diet and exercise alone.

# Laser Treatments

## The Seafarers Combo

Seen too much salt air? This renewing combination turns back the clock for the toughest of sea faring souls. Includes: 2 BBL treatments, 1, SkinTyte™ and 1 Arctic peel. (to be combined with BBL).

## 2D High Def Skin

Every person ages at a different rate and in different ways. Some develop redness, age or sun spots. Others have large pores, fine lines and wrinkles. You may have one, two or all of these conditions YOLO's 2D Skin Rejuvenation takes a two-tiered approach to rejuvenating your skin for all of these conditions using the most advanced aesthetics available today.

## 3D High Def Skin

A combination of a BBL address uneven skin tone, a weekend laser peel to even out your skin texture and SkinTyte™ to tighten the skin, minimal downtime, BIG results.

## Laser Peel

Treat your fine lines, large pores and correct skin texture with a Weekend Peel/Medium Peel/Deep Peel. Consultation required prior to scheduling.

## Laser Acne Package

Where others have failed, our laser targets acne-producing bacteria and succeeds in clearing your skin!

## Parisian Rejuvenation

Minimal downtime. Tightens skin, improves tone and texture.

## BBL/Photofacial

Rid your face, hands and chest of unwanted age spots and redness.

## Venus Viva

Venus Viva™ is the ultimate solution for deep wrinkles, acne scars, large pores, uneven texture, pigmentation irregularities, and stretch marks. It's safe, non-invasive, and effective with immediate and long-term results.

## Venus Freeze

Venus Freeze™ is a non-surgical procedure that tightens skin for beautiful results. The treatment is comfortable and often compared to having a hot stone massage. Results may be immediately seen and improve over time. The results are long lasting and there is no downtime.

Venus Freeze can be used on:

- The lower face
- The brow for a brow lift
- Neck
- Arms
- Abdomen
- Elbows
- Knees

## Botox/Dermal Fillers:

Botox	Dysport	Restylane Silk
Juvederm	Juvederm Voluma	Restylane Lyft
Restylane	Juvederm Volbella	Radiesse
Sculptra	Kybella	

## Mixto™ Fractionated CO2

Give us 5 days and you'll get back YEARS. This non surgical lift treats wrinkles, smokers lines, acne scarring and lax skin. Consultation required prior to scheduling.

## Laser Hair Removal

Permanent Hair Reduction for most all areas of the body. We have multiple lasers and can treat dark skin.

# Facial Therapies

\*Prices subject to change

## Diamond Facial

Includes a facial, microdermabrasion, and a chemical peel. This no down-time facial gets your glow on. Rumor has it that this is the "red carpet" secret some A-list celebs use to keep their skin in shape.

90 minutes | \$ 150

## Dermaplaning and Chemical Peel

Smooth, silky skin is moments away. Dermaplaning removes dead skin and unwanted "peach fuzz" from your face. Your skin will be smoother and you will no longer have a "shadow" from the unwanted hair. Clinical vitamin serums are applied and nourish your skin to give you a healthy glow.

30 minutes | \$100

## Chemical Peels

Our "Lunchtime Peels" are customized to your specific skin's needs. Treats melasma, large pores and uneven skin tone, and is an exceptional way to exfoliate dull skin and expedite cellular turnover with little to no downtime. Glycolic/AlphaBeta/Salicylic/TCA/ Skinmedica.

30 minutes | from \$60

## YOLO Signature Facial

Why settle for JUST an ordinary facial? Our customized clinical facials deliver results. Includes skin analysis, exfoliation and light extractions to stimulate cell renewal for a healthy complexion. Followed by application of our anti-aging/firming serums.

60 minutes | \$85

## Rosacea/Redness Reducing Peel

Reduces redness and flushing. Safe for all skin types, this therapy calms and soothes your sensitive skin.

30 minutes | \$100

## Diamondtome & Dernasweep Microdermabrasion

This crystal-free Medical Microdermabrasion brightens complexion and removes dull skin.

30 minutes | from \$90

## Microneedling

Microneedling is a revolutionary skin treatment that uses fine microneedles that penetrate the epidermis (skin's surface), resulting in the production of collagen and the improvement of texture, tone and glow.

## Power Peptide Facial

Through the power of peptides your skin is revitalized. This anti-aging facial hydrates and assists in plumping lax skin.

60 minutes | \$100

## Bye Bye Acne Facial/ Bye Bye Acne Back Facial

Blast blackheads, purify pores and relieve pesky redness with this acne-obliterating facial. Steam, extraction, a little TLC and a calming anti-bacterial mask makes it all better. Try with the Blemish Blast peel for maximum results.

60 minutes | \$100, with peel \$125

Back Facial 45 minutes | \$90

## Teen Facial (16 and Under)

Give your teen a confidence boost! Addressing the special issues of teenagers. This facial allows us to analyze and treat teen skin while educating about proper home care.

45 minutes | from \$65

## Ah Sinus Relief

Relieve sinus pressure, congestion and headaches with the aid of essential oils and hot towels. Lymphatic drainage massage releases fluid beneath skin tissue, and reduces inflammation, tension and puffiness around the eyes.

30 minutes | from \$50

## Oxy-Mist Treatment

Oxy-Mist is a revolutionary skin recovery treatment that facilitates skin to recover quickly. The treatment helps to even skin tone, improve elasticity and tighten the skin.

15 minutes | \$60

## The Zit Zap

Your pimple 911. Quickly rids your skin of blemishes.

15 minutes | \$45

## Body Treatments

### YOLO Signature Body Buff & Wrap

Invigorated, cleansed and polished to perfection. Our refreshing customized aromatherapy body polish exfoliates and hydrates your skin. Followed by a heated wrap utilizing our sauna blanket for detoxification, this is a luxurious treat for the mind as well as the body.

**60 minutes | from \$85, recommended once every three weeks**

### Coffee Body Polish

Detoxify and renew. This treatment awakens your senses with its intense aromas all while helping sculpt and firm the skin. It also detoxifies and reduces fluid retention.

**60 minutes | from \$100, recommended once every three weeks**

### The Sound Muscle Ease-Ocean Wrap

Powerful seaweed wrap for complete muscle relaxation. Drift away while you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and calming scalp treatment. Using a warm blend of essential oils, this specialized treatment helps ease aching tense muscles.

**90 minutes | from \$115**

### Exotic Coconut Rub & Milk Wrap

Pure sensuality to enliven the senses. A warmed nourishing milk bath is poured all over your body and then you're cocooned in a comforting foil wrap. This opulent, exotic therapy is excellent for skin smoothing and softening oil combined with a calming scalp treatment.

**60 Minutes | from \$85, recommended once every three weeks**

## Waxing

### Starting at:

French Bikini..... \$40

Bikini..... \$21

Half/Full Legs..... \$30/\$50

Half/Full Arms.....\$35/\$40

Back.....\$50

Back & Chest.....\$65

Underarms.....\$20

Eyebrows.....\$18/\$20

Cheek.....\$12

Lip.....\$10

Chin.....\$10

Lip & Chin.....\$18

Face.....\$50

Thigh.....\$20

Abdomen.....\$10

Brazilian.....\$65